

Deepening Our Faith

Journey

Week #9: November 8, 2015

Thought for the week: We have been exploring various spiritual disciplines. They are listed below. I invite you to continue to incorporate them into your life this week:

*Use an image from nature to help you pray- ex. God, as I see leaves turn and fall from the trees, let those things in me that I need to let go of fall away, so that new life can arise in me.

*As God spoke to Moses from a burning bush, how is God getting my attention? Through difficulties? Suffering? Illness? God can reach us in many ways.

*Lectio Divina: Read the passage. What shines for you in the text? Why do you think that is? What is God calling you to do, change, or become?

*Be more intentional about staying in the present. Our lamenting of the past and anxiety of the future robs us of the present.

*Be more intentional about not complaining. Name your blessings instead!

This week's daily readings:

Sunday, 1 Kings 18:20-39

Monday, 1 Kings 17:1-7

Tuesday, 1 Kings 18:1-19

Wednesday, 1 Kings 18:41-46

Thursday, 1 Kings 19:1-10

Friday, 1 Kings 19:11-18

Saturday, 2 Kings 9:30-37

As I listen for God's voice, what is God asking me to do, change or become?